

AMEENA

EST 1974



AMEENA STARTERS

VEGETABLE

VEGETABLE PAKORA £3.50 A blend of vegetables coated in a light crisp batter	ALOO TIKKA £3.50 Cubes of potato marinated in spices and roasted in the Tandoor
VEGETABLE SAMOSA £3.50 Triangular pastry stuffed with savoury vegetables and deep fried	BOMBAY PANEER £3.50 Indian Cheese marinated with herbs and spices and roasted in the Tandoor
ONION BHAJI £3.50 Onion rings moulded in a ball and deep fried until golden	VEGETABLE STUFFED PEPPER £3.50 Bell Pepper stuffed with mixed vegetable curry and roasted in the Tandoor
VEGETABLE BHUNA PURI £4.50 A Deep fried puffy flat bread topped with Vegetable Bhuna	MIXED VEGETABLE PLATTER £12.90 A selection of vegetable starters for 4 to share
GARLIC MUSHROOMS £3.50 Sautéed with garlic and mild spices, served with a fresh green salad	

SEAFOOD

KING PRAWN BUTTERFLY £4.90 Succulent King Prawns, cooked in golden breadcrumbs and shaped like a butterfly	TANDOORI FISH £5.50 Fresh fish fillets marinated and roasted in the Tandoor
KING PRAWN BHUNA PURI £5.20 A deep fried puffy flat bread topped with a King Prawn Bhuna	PRAWN STUFFED PEPPER £4.50 Roasted Bell pepper stuffed with succulent spicy prawns
KING PRAWN PAKORA £4.90 Fresh King prawns coated in a light crisp batter	PRAWN BHUNA PURI £4.50 A deep fried puffy flat bread topped with a prawn Bhuna
PRAWN SAMOSA £3.50 Triangular pastry stuffed with savoury prawns and deep fried	TANDOORI KING PRAWNS £5.90 Fresh king Prawns marinated in Tandoori spices then roasted in the Tandoor
KING PRAWN SHASHLICK £5.90 King prawns marinated and served on a sizzler with grilled vegetables	FISH PAKORA £5.20 Boneless pieces of fish coated in a light crisp batter
FISH SHASHLICK £5.50 Boneless cubes of fresh fish marinated and served on a sizzler with grilled vegetables	MIXED FISH PLATTER £15.90 A selection of 4 fish starters to share



CHICKEN/MEAT

STUFFED PEPPER	£4.50	DUCK SHASHLIK	£5.90
Roasted Bell pepper stuffed with mince meat or chicken		Pieces of duck breast marinated and served on a sizzler with grilled vegetables	
MEAT SAMOSA	£3.50	CHICKEN/LAMB SHASHLIK	£5.50
Triangular pastry stuffed with savoury meat or chicken and deep fried		Tender pieces of Chicken or Lamb marinated and served on a sizzler with grilled vegetables	
CHICKEN PAKORA	£4.50	SHEEK KEBAB	£3.50
Succulent pieces of chicken coated in a light crispy batter		A traditional skewer of mince meat blended with spices and fresh herbs	
MIXED KEBAB	£4.50	BENGAL KEBAB	£4.30
A selection of Sheek Kebab, Shami Kebab and Onion Bhaji		Sheek Kebab wrapped in a pancake and baked in the Tandoor	
TIKKA		With Chilli	£4.50
Tender pieces of chicken or meat marinated in spices and roasted in the Tandoor		TANDOORI WINGS	£3.90
CHICKEN	£4.20	Succulent chicken wings marinated in Tandoori spices and cooked in the Tandoor	
LAMB	£4.50	TANDOORI LAMB CHOPS	£5.20
TANDOORI CHICKEN	£4.50	Tender individual lamb chops marinated in a blend of spices and roasted in the Tandoor	
Chicken on the bone, marinated in Tandoori spices and roasted in the Tandoor		NARGIS KEBAB	£4.50
CHICKEN CHAT	£4.50	Minced meat wrapped around a hard boiled egg then roasted in the Tandoor	
Diced chicken cooked in a rich Bhuna style sauce and served on a Puri (Indian fried pancake)		MIXED MEAT PLATTER	£14.90
TANDOORI MIXED KEBAB	£4.50	A selection of meat starters for 4 to share	
Consists of Sheek Kebab, Lamb Tikka and Chicken Tikka			

ENGLISH STARTERS

FRIED SCAMPI	£4.50
PRAWN COCKTAIL	£3.90
SOUP	£2.90
CHICKEN/TOMATO/ MUSHROOM/VEGETABLE	



AMEENA SPECIALITIES

All of the Ameena specials are served with a choice of either plain boiled rice, plain nan or chips. Any other options are available on request which comes with a surcharge of £0.50

CHICKEN TIKKA DELIGHT £11.90

Chicken Tikka cooked with a rich minced meat sauce and served with a salad

CHICKEN MAKHANI £10.90

Chicken Tikka cooked with fragrant spices and cooked with generous helpings of ground almonds and butter, giving it a mild and sweet taste

CHICKEN KARAHI £10.90

Fresh Chicken pieces cooked with aromatic spices and garnished with fried tomatoes and peppers, then served in the traditional 'Karahi' dish to emphasise its original taste

PASSANDA NAWABI

A mild creamy dish cooked with cultured yoghurt, cream, ground almonds and a blend of delicate spices

CHICKEN £10.50

MEAT £10.90

CHILLI MASSALA

Handmade chilli massala made from chilli, garlic, pepper and coriander to create a rich spicy sauce

CHICKEN £10.50

MEAT £10.90

KING PRAWN £11.50

METHI GOSHT £10.50

Diced mutton cooked with a blend of selected spices including Fenugreek leaves, to give that delicate original taste

ACHORI

Cooked with pickles, creating a rich tangy hot sauce

CHICKEN TIKKA £11.50

LAMB TIKKA £11.90

KING PRAWN £13.50

TANDOORI MURG MASSALA £9.90

Strips of Tandoori chicken cooked with fresh herbs and spices garnished with onion rings in a medium velvety sauce

SHAHI CHICKEN

TIKKA MASSALA £12.50

Chicken Tikka served in its own rich gravy, which is prepared from a delicate blend of Bangladeshi spices, to give that mild creamy sweet taste

BANGLADESH SPECIAL

A combination of aubergine and mushrooms and hard boiled egg in a rich gravy

CHICKEN £9.90

MEAT £10.50

KING PRAWN £11.90

GARLIC CHILLI CHICKEN £9.90

Tender pieces of chicken cooked in a rich sauce laced with plenty of fried garlic and fresh chillies creating a truly aromatic dish

BUTTER CHICKEN £12.50

Chicken Tikka slowly cooked in a velvety rich butter and gravy sauce

JINGA MASSALA £13.50

King Prawn marinated in freshly ground spices & barbecued over flaming charcoal, cooked with massala sauce, butter and cream

DUCK SUPREME £13.50

Dried duck breast prepared in our own special sauce and garnished with fresh peppers and onions

LAMB CHOP BHUNA £11.90

Cooked with Tomatoes and onions in a semi dry medium hot sauce, bhuna style



TANDOORI SPECIALITIES

TANDOORI CHICKEN £7.90
Chicken on the bone, marinated in Tandoori spices and natural Yoghurt then roasted in the Tandoor and served with a green salad

TIKKA

Tender pieces of boneless Lamb or Chicken, marinated with mild spices and roasted in the Tandoor and served with a green salad

LAMB £8.50

CHICKEN £7.90

TANDOORI FISH £10.50

Boneless pieces of fish, marinated in Tandoori spice and Natural Yoghurt then roasted in the Tandoor and served with a green salad

TANDOORI KING PRAWN £11.50

Marinated in spices then cooked in the Tandoor, served with salad

TANDOORI ROSHUN

Delicately spiced and garnished with garlic paste

CHICKEN TIKKA £8.50

LAMB TIKKA £8.90

KING PRAWN £11.90

TANDOORI WINGS (7 pcs) £8.50

Succulent chicken wings marinated in Tandoori spices and cooked in the Tandoor

TANDOORI LAMB CHOPS (6 pcs) £9.90

Tender individual lamb chops marinated in a blend of spices and roasted in the Tandoor

TANDOORI SPECIAL CHICKEN £11.50

Chicken on the bone, marinated in Tandoori spices and natural Yoghurt then roasted in the Tandoori, served with a side dish of mincemeat curry, pilau rice and salad

TANDOORI MIXED GRILL

A selection of Tandoori specialities served with a fresh green salad

With plain Nan bread £11.50

With flavoured Nan bread £11.90

MALI SATTER £12.90

Combination of Chicken and Lamb Tikka and garlic mushrooms, served with a Pathia Sauce, Nan and a salad

SHASHLIK

Duck, chicken, meat or fish, marinated in Tandoori spice and Natural Yoghurt and served on a sizzler with grilled vegetables

CHICKEN £10.50

LAMB £10.90

KING PRAWN £11.90

DUCK £11.20

FISH (WHITE SEASONAL) £10.90

SALMON £11.90

PANEER (INDIAN CHEESE) £9.50

MR MIAH'S RECOMMENDATIONS

TAWA DISHES

A unique dish which speaks for itself cooked with capsicum, fresh herbs and garnished with cheddar cheese served on a sizzling Tawa.

A semi dry dish

CHICKEN TIKKA £9.50

LAMB TIKKA £9.90

DUCK TIKKA £10.50

KING PRAWN £10.90

CHILLI MASSALA TAWA

Handmade chilli massala made from chilli, garlic, pepper and coriander to create a rich spicy sauce and served on a sizzling Tawa with cheese

CHICKEN TIKKA £10.90

LAMB TIKKA £11.50

KING PRAWN £11.90

VEGETABLE £9.90

JALFREZI

A thick dry sauce with onions and fresh green chillies and ginger on top, producing a hot and spicy combination

CHICKEN/MEAT £7.90

CHICKEN/LAMB TIKKA £8.90

PRAWN £7.90

KING PRAWN/FISH £9.90

TANDOORI CHICKEN DANSAK £8.50

Strips of Tandoori chicken off the bone cooked with lentils and pineapple in a slightly hot sauce

BOMBAY CHICKEN £8.50

Chicken cooked with potatoes and a boiled egg in a hot sauce



CHEF'S RECOMMENDATIONS

CHOMON BAHAR	£8.50	CHICKEN TIKKA MASSALA	£8.90
Diced boneless Chicken Tikka cooked in spices and herbs, garnished with green Massala sauce, minty flavour		A mild creamy sweet dish cooked with ground almonds and coconut with cream on the top	
ALOO DAAN	£8.90	CHICKEN OR LAMB TIKKA ACHARI MASSALA	£8.50
Pieces of Chicken Tikka cooked with minced meat, roast capsicum and potatoes in a Bhuna style dish. Medium spiced		Cooked with Massala sauce in grounds almonds, coconut and Tamarind sauce	
CHICKEN NARYAL	£8.50	FISH BHUNA	£10.90
Diced Spring Chicken Tikka cooked in herbs, spices and chefs delicate coconut based sauce, a very mild curry		Cooked with tomatoes and onions in a semi dry medium strength sauce	
CHICKEN OR MEAT SHORISHA	£8.50	NAGA	
A hot dish cooked with mustard seeds, cinnamon, elychee and ginger in a Bhuna style sauce		Spicy hot sauce cooked with tomatoes, onions and naga pickle	
SATTA RANGEEN	£7.50	CHICKEN/LAMB TIKKA	£9.50
Bhuna style chopped carrots fried in butter cooked with mushrooms and peas. Medium spiced		KING PRAWN	£10.90
CHOT POTI KHANA	£8.90	SHATKORA (FAMOUS SYLHETI LEMON)	
Chicken Tikka or Lamb Tikka, cooked with brinjal and chick peas with green peppers and Chat Massala. Slightly hot, garnished with fenugreek. Served in a hot iron wok		Cooked with onions, tomatoes and fresh coriander in a slightly hot sauce	
BENGAL KHANA	£8.50	CHICKEN/LAMB TIKKA	£9.50
Bhuna styled boiled eggs fried in butter, cooked with roast potatoes. Medium spiced		KING PRAWN	£10.90
		MINT LAMB BHUNA	£8.50
		Slow cooked Lamb in minted bhuna sauce	
		KING PRAWN SHAHENSHA	£13.90
		Whole King Prawns fried with the shell and cooked with butter, chopped onions and special spices	

ENGLISH DISHES

SIRLOIN STEAK	£10.90	CHICKEN NUGGETS & CHIPS	
Served with chips, peas and fried mushrooms with salad		Served with salad	
SCAMPI & CHIPS	£8.90	SMALL	£5.50
Served with salad		LARGE	£8.90
PLAIN OMELETTES	£5.50		
CHEESE/MUSHROOM OMELETTE	£6.50		
CHICKEN OMELETTE	£7.50		

All omelettes served with chips and salad



TRADITIONAL CLASSICS

SAGWALLA

Cooked with fresh spinach, herbs and spices

PATHIA

Hot, sweet and sour dish

DUPIAZA

Plenty of chopped onions cooked in a medium strength sauce

BHUNA

Cooked with peppers and tomatoes in a semi dry sauce

DANSAK

Sweet and sour sauce cooked with lentils and pineapple (slightly hot)

KORMA

A mild dish cooked with coconut and cream

BALTI

A north Indian dish cooked with regional spices and served in a traditional 'Balti' dish

CHICKEN/MEAT

£7.50

CHICKEN/LAMB TIKKA

£8.50

PRAWN

£7.50

KING PRAWN/FISH

£9.90

VEGETABLE OR MINCEMEAT

£6.90

CEYLON

A spicy madras strength curry cooked with coconut and lemon juice

GARLIC CHICKEN

Chicken cooked with peppers and tomatoes with plenty of garlic on a semi dry sauce

CURRY

A medium smooth flavoured gravy with plenty of sauce

MADRAS / VINDALOO

A traditional southern Indian dish with generous proportion of Garem spices creating delightful hot flavour

ROGAN JOSH

Meat or chicken cooked with a blend of spices garnished with tomatoes and coriander

EXTRA PORTION

CHICKEN/MEAT/PRAWN

£1.00

CHICKEN/LAMB TIKKA

£1.50

KING PRAWN/FISH

£2.00

VEGETABLE/MUSHROOM/SAG

£0.80

BIRIYANI

Meat or vegetables cooked with Basmati rice, nuts, sultanas and mixed spices, served with a vegetable curry. (Malayan and Persian Biriyani can be prepared on request £0.90 extra)

TANDOORI CHICKEN

£9.90

CHICKEN/MEAT

£8.90

CHICKEN/LAMB TIKKA

£9.90

KING PRAWN

£11.50

PRAWN

£8.90

VEGETABLE

£7.90



VEGETABLE DISHES

	SIDE	MAIN		SIDE	MAIN
MIXED VEGETABLE BHAJI	£3.50	£6.50	SAG PANEER Spinach and Indian Cheese	£3.90	£6.90
FRESH BHINDI BHAJI Ladies Fingers/Okra	£3.50	£6.50	CHANA ALOO Chick Peas with Potatoes	£3.50	£6.50
MUSHROOM BHAJI	£3.50	£6.50	CHANA PALAK Chick Peas with Spinach	£3.50	£6.50
BRINJAI BHAJI Aubergine	£3.50	£6.50	CURRY SAUCE Plain Sauce	£3.10	£4.90
ALOO GOBI Potato And Cauliflower	£3.50	£6.50	ANY OTHER CURRY SAUCE	£3.50	£5.50
BOMBAY ALOO Spiced Potato	£3.50	£6.50	FRIED MUSHROOMS	£2.50	
SAG ALOO Spinach and Potato	£3.50	£6.50	MIXED RAITA Cucumber & Tomato	£2.00	
TARKA DALL Lentils Spiced with Garlic	£3.50	£6.50	PLAIN RAITA Plain Yoghurt	£1.50	
CHANA DALL Chick Peas	£3.50	£6.50			
MATTER PANEER Peas with Indian Cheese	£3.90	£6.90			



RICE AND ROTI

BOILED RICE	£2.40	CHAPATHI	£1.50
FRIED RICE	£2.60	CHIPS	£2.50
GARLIC RICE	£2.80	MASSALA CHIPS	£2.90
CHILLI LEMON RICE	£2.90	TANDOORI ROTI	£2.20
PILAU RICE	£2.90	GARLIC TANDORI ROTI	£2.50
SPECIAL FRIED RICE With Egg and Peas	£3.70	POPPADOM PLAIN £0.60	SPICED £0.60
KEEMA PILAU RICE With Mince meat	£4.20	PICKLE TRAY	£1.90
MUSHROOM RICE	£3.70		
VEGETABLE PILAU RICE	£3.70		
ENDA RICE With Egg	£3.70		
AMEENA SPECIAL RICE With Mince meat, Egg, Prawns, Potato And Mushrooms	£4.50		
AMEENA TROPICAL RICE With Egg, Prawns Potato	£4.20		

NAN BREAD

NAN Indian Bread	£2.50	MUSHROOM NAN	£2.90
PESHWARI NAN With Sultanas And Nuts	£2.90	AMEENA SPECIAL NAN With Chicken Tikka And Spinach	£3.50
KULCHA NAN With Onion	£2.90	VEGETABLE KULCHA NAN Mixed Vegetable And Onions	£3.20
GARLIC NAN	£2.90	CHEESE NAN	£3.10
KEEMA NAN	£3.00	PARATHA	£2.90
COMBINATION NAN Any Two Flavoured Nan Combined In One	£3.30	STUFFED PARATHA	£3.20



WINES

WHITE WINES

HOUSE WHITE £11.90
SAUVIGNON BLANC

JACOBS CREEK £13.50
CHARDONNAY
Fresh fruity with a touch of vanilla from Australia

JP CHENET £12.90
COLOMBARD-CHARDONNAY
A fresh and slightly smooth wine of a golden colour with notes of white pear and citrus

BLACK TOWER £12.00
PINOT GRIGIO
Deliciously smooth fruity German wine

CASILLERO DEL DIABLO £14.50
CHARDONNAY
Elegant and rich Chilean wine, with pineapple fruit and oak flavours

GALLO £14.50
SAUVIGNON BLANC
Crisp clean citrus flavours from California

PINOT GRIGIO £14.50

ROSE WINES

HOUSE ROSE £11.90
WHITE ZINFANDEL

MATEUS ROSE £13.30
Attractive pink in colour, this famous Portuguese rose is a medium dry well balanced fruity wine



RED WINES

HOUSE RED £11.90
MERLOT

COTE DU RHONE £12.90
A spicy French red laden with summer fruit

JP CHENET £12.90
MERLOT
Deep purple / ruby in colour, with red berry aromas from France

CHIANTI MERLOT SANGIOVESE £13.50
CHIANTI
Powerful full bodied Italian wine with intense black cherry fruit

CAMPO VIEJO CRIANZA £15.90
RIOJA
Elegant Spanish red, sweet dark berry with hints of oak and vanilla

GALLO £13.50
MERLOT
Dark, jammy red berry flavour from California with hints of vanilla oak

HARDY'S VR £13.50
CABERNET SAUVIGNON
An Australian medium bodied wine with dark berry fruit flavours

HARDYS VR £12.60
SHIRAZ
Mellow and fruity

CHAMPAGNE & SPARKLING WINE

MOET & CHANDON £45.00
World famous champagne with a soft, light and fresh style

PROSECO (750ML) £14.90

BEVERAGES

VERMOUTH & FORTIFIED WINES

MARTINI	£2.90
CINZANO	£2.90

LIQUEURS & SPIRITS

	SINGLE	+ MIXER
LIQUEURS	£2.90	£3.50
SPIRITS	£2.90	£3.50

BEERS

	HALF	PINT
CARLING	£2.10	£3.70
COBRA	£2.10	£3.70

KINGFISHER BOTTLE (650ML)	£4.70
BANGLA PREMIUM BEER (660ML)	£4.70
PEACOCK CIDER (500ML)	£3.90
REKORDERLIG (WILD BERRIES)	£4.20

MISCELLANEOUS DRINKS

MIXERS	£2.10
JUICES	£2.10
J2O	£2.30
LEMONADE/DIET COKE	£2.10
COKE	£2.20
WINE BY THE GLASS	£3.10
PROSECCO 200ML	£4.90

If you have a food allergy, intolerance or sensitivity, please inform your waiter upon arrival and they will be able to suggest the best dishes for you.

Please note our dishes are prepared in areas where allergic ingredients are present, so we cannot guarantee that dishes are 100% free of the following ingredients; celery, cereal, crustacean, egg, fish, lupin, milk, mollusc, mustard, nut, peanut, sesame seed, soya, sulphur dioxide.

If you have not seen anything on the menu that is to your liking, please ask a member of our staff and we will endeavour to provide the dish of your request.

A range of English dishes are also available subject to availability

Our prices are inclusive of vat, all major credit cards accepted.

The management reserves the right to refuse service without disclosing reasons.

